

*Exploring Marriage & Other Intimate Relationships*  
SOC 3400 001 17613  
Fall 2014 Semester, Friday, 9:35 a.m. – 12:20 p.m.

Instructor Information

- T. Morton, Ph.D.
- Office hours: prior to and after class
- Messages (Main campus only): (313) 993-6823

Course Description:

- Students examine, from a sociological perspective, issues concerning intimate relationships. Major emphasis on description and analysis of changes in monogamous marriage. Non-traditional marital forms also examined. Focus upon the intimate relationships as they relate to personal, functional concerns of the student.

Course Objectives:

- Look at how we establish and maintain relationships.
- Examine the nature and issue of marriage and relationships in today's society.
- Explore the ups and downs of intimate relationships.

Required Readings:

*Marriage & Family: the Quest for Intimacy, 8<sup>th</sup> Edition*  
R. H. Lauer and J. C. Lauer

*ESO: Extending Sexual Orgasm, 2<sup>nd</sup> Edition*  
A. P. Brauer, M.D. and D. J. Brauer

Course Requirements and Grade Distribution

Class Attendance	<b>25%</b>
Participation ( <u>See next page in defining participation.</u> )	<b>25%</b>
Exam I* Multiple-choice questions. Exam will be held on <i>Friday, October 3<sup>rd</sup></i>	<b>25%</b>
Exam II* Multiple-choice questions. Exam will be held on <i>Friday, December 12<sup>th</sup></i>	<b>25%</b>
<b>Total</b>	<b>100%</b>

\*Please note: the instructor has the right to change the syllabus as necessary and impromptu writing assignments may be given out to students throughout the semester.

\*\*Cellular telephones are to be set to vibration or turned off.\*\*

TO THE STUDENT:

\*Attendance. Please arrive promptly for class. ANY STUDENT WHO ARRIVES **AFTER** 9:50 A.M. WILL BE CONSIDERED ABSENT FOR THAT DAY. Your attendance is expected at all class sessions and an attendance sheet will be circulated at the end of each class session. However I am aware that emergencies do occur. You are allowed to miss one class period for the semester without it effecting your attendance overall. Please inform me one week prior to your missing class. PLEASE NOTE ATTENDANCE IS 25% OF YOUR OVERALL GRADE.

\*Class participation. Dialogue is an essential part of this class. Please read the material prior to attending class and expect to participate in the discussion. CLASS PARTICIPATION IS 25% OF YOUR OVERALL GRADE; lack of participation will effect your grade. Students are encouraged to express their ideas in a manner respectful to those who may voice a different opinion. Do not scream/yell over each other to voice your opinion. This semester we will focus on creating and maintaining intimate relationship, the ups and downs of intimate relationships in today's society. And while sensitive remarks about the topics covered may be viewed as sexist or explicit, I suggest we agree to disagree while maintaining decency, order, and respect for cultural differences in the classroom.

\*Exams. There are two (2) exams for this class. Students will need scantrons and a No.2 pencils to score their answers. Neither scantrons nor the exams will be returned to the student. However, students may view their answer sheets by setting up an appointment. There are no makeup exams. Should any student miss the exams for any reason, they will forfeit their percentage points for their overall grade. **Students who arrive after the start time of the examination period will not be allowed entrance into the room. Please plan to arrive 15 minutes prior to the start of class on exam day. You will be allotted 90 minutes for your exams.**

\***Children are not allowed.**

\*Office hours. I am only on campus during the time of the lecture; if you need to see me, please do so after class or leave a message at the telephone number listed on the front of the syllabus.

\*Students with documented health problems please see me after class.

\*The University's policy on cheating and plagiarism is as follows: "The principle of honest is recognized as fundamental to a scholarly community. Students are expected to honor this principle and instructors are expected to take appropriate action when instances of academic dishonesty are discovered. On discovering such an instance, I, Dr. Morton, may give a failing grade on the assignment **or** for the course. I have the responsibility of notifying the student of alleged violation and the action being taken. Both the student and the instructor are entitled to academic due process in all such cases. Acts of dishonesty may lead to suspension or exclusion. Information on procedures is available in the Office of the Dean."

\*Classroom Conduct. It is expected of students to carry themselves in a manner respectful not only to the adjunct, but to your fellow students. Snacks are allowed; however, doing homework for other classes, conducting conversations with fellow students during class lecture or discussion, browsing through magazines and newspapers, and being disrespectful to other students while they're voicing their opinions during class sessions, are all signs of improper conduct. Any disruptive behavior will result in the student being asked to leave the classroom and/or Public Safety (main campus) or Farmington Hills Police Department (Oakland campus) will be alerted for removal and full disciplinary action will be brought against the student.

\*Course Withdrawals:

Please note the following changes to Wayne States University's course withdrawal policies:

- (1) The last day to **add** a class is Wednesday, September 10<sup>th</sup>.
- (2) The last day to **drop** (100% tuition cancellation) is Wednesday, September 10<sup>th</sup>.
- (3) The last day to withdrawal from a class is Sunday, November 9<sup>th</sup>.
- (4) Beginning the fifth week of class students are no longer allowed to drop but must **withdraw** from classes. It is the student's responsibility to request the withdrawal. Failure to do so will result in a grade of **F**. **No withdrawals are permitted after the last day of classes.**
- (5) Student who request withdrawals will receive one of the following notations:

WP - Withdrawal with a passing grade earned to date

WF -Withdrawal with a failing grade earned to date

WN - Withdrawal never attended, or no graded work to date

Students are able to make requests to withdraw on Pipeline, and the instructor is able to approve the request on Pipeline, much as happens now with final grades. Please note that you will not be reinstated in the course once your request to withdraw has been processed.

Students who do not complete course requirements, or do not withdraw appropriately (in timely ways) will receive a failing grade. **So, if you stop coming to class and forget to withdraw from the class, you will receive an F.**

Reading Schedule

**August 29<sup>th</sup>** Introduction, Q & A, Class Syllabus, Expectations

**September 5<sup>th</sup>** Chapter 1: Marriage and Family in America: Needs, Myths and Dreams

The Need for Intimacy: We are Social Creatures, pg. 4

Loneliness, pg. 4-6; Well-Being and Intimacy, pg. 6

Myths about Family Life, pg. 6-7

We've Lost the Extended Family, pg. 6

Opposites Attract, pg. 7

People Marry Because They Love Each Other, pg. 7-8

Having Children Increases Marital Satisfaction, pg. 8

A Good Sex Life is the Best Predictor of Marital Satisfaction, pg. 8

Happily Married People Don't Have Conflict, pg. 8-9

The Dangers of Myths, pg. 9-10

Changing Patterns of Intimate Relationships, pg. 10

Premarital Sex, pg. 10

Living Alone, pg. 11

Cohabitation, pg. 11

Delayed Marriage, pg. 11

Employed Mothers, pg. 12-13

Divorce, pg. 13

What Do We Want? What Do We Need?, pg. 14

The Great Debate, pg. 14-15

Changes in Traditional Arrangements, pg. 15-16

Me or We?, pg. 16-17  
Strengths and Benefits of Marriage and Family, pg. 17-18  
Till Death?, pg. 17-20  
Systems Theory, pg. 20  
Exchange Theory, pg. 20  
Symbolic Interaction Theory, pg. 21-22  
Conflict Theory, pg. 22  
Theory and Intimacy, pg. 22

**12<sup>th</sup>** Chapter 2: Diversity in Families

The Social Context of Family Life, pg. 26  
Variations among Societies, pg. 27-28  
Variations within Societies, pg. 28-29  
The Single-Parent Family, pg. 28  
Extent of Single-Parent Families, pg. 29-30  
Challenges of Single Parents, pg. 30-31  
Challenges of Children of Single Parents, pg. 32  
Problems between Parents and Children, pg 32-33  
The Successful Single-Parent Family, pg. 33-35  
Racial/Ethnic Families, pg. 35  
The African American Family, pg. 35-39  
The Hispanic Family, pg. 39-42  
The Asian American Family, pg. 42-44  
The Native American Family, pg. 44-45  
The Interracial Family, pg. 45-47

**19<sup>th</sup>** Chapter 7: Selecting a Life Partner

Cohabitation: The Best Way to Select?, pg. 150  
Who Cohabits?, pg. 150  
Patterns of cohabitation, pg. 150-151  
Cohabitation Compared to Marriage, pg. 151-152  
Cohabitation as a preparation for Marriage, pg. 152-153  
Is There a Best Way to Select a Life Partner?, pg. 153  
What We Expect in a Life Partner, pg. 153-154  
Qualities Desired in a Life Partner, pg. 154-156  
Exchange and Equity, pg. 156  
Life Partner Selection as a Filtering Process, pg. 156-158  
Age, pg. 158  
Race and Ethnicity, pg. 158  
Education, pg. 159-160  
Propinquity, pg. 161  
Attraction, pg. 161  
Family Traditions and Pressures, pg. 161-162  
Predictors of Marital Satisfaction, pg. 162  
Timing, pg. 163  
Equity, pg. 163-165  
Communication, pg. 165  
Prepare: A Multifactor Approach, pg. 165-166

- 26<sup>th</sup>** Chapter 8: Getting Married
- What Are Your Chances of Getting Married?, pg. 174
  - Marital Status of the Population, pg. 174
  - Who Does and Who Doesn't Marry?, pg. 175
  - Why Do People Marry?, pg. 175
  - The Need for Intimacy, pg. 175-176
  - Social Expectations, pg. 176
  - Social Ideals and Personal Fulfillment, pg. 176-177
  - Desire for Children, pg. 177
  - Marriage as a Practical Solution, pg. 177
  - Types of Marriage, pg. 175-180
  - Expectations, pg. 180-181
  - Our Private Contracts: 181
  - Role Expectations, pg. 181
  - Negotiation: Changing Personal Contracts, pg. 182-183
  - Adjusting to Marriage, pg. 185
  - His Marriage and Her Marriage, pg. 185
  - Starting with Two Strikes, pg. 185-186
  - Adjustment and In-Law Relationships, p. 185
  - First-Year Changes, pg. 187-188
  - Commitment, pg. 188
  - The Meaning of Commitment, pg. 188-189
  - The Role of Commitment, pg. 189
  - Building Commitment, pg. 189
- October 3<sup>rd</sup>** **Midterm Exam**, Selected Readings, (Lauer & Lauer, Chapters **1, 2, 7, 8**)
- 10<sup>th</sup>** Chapter 4: Sexuality (Lauer & Lauer)
- The Meaning of Sex, pg. 78
  - Sex as Physical: The Response Cycle, pg. 78-80
  - Sex as Social Behavior, pg. 80-82
  - Sex and Intimate Relationships, pg. 82-84
  - Contraception, pg. 87
  - Amount and Kinds of Contraceptive Use, pg. 87-89
  - Who Uses Contraceptives?, pg. 89
  - Demographic Differences, pg. 89
  - Other Factors, pg. 89-90
  - Premarital Sex, pg. 91
  - The Double Standard, pg. 91
  - Changing Attitudes, pg. 91-92
  - Changing Behaviors, pg. 92
- 17<sup>th</sup>** Chapter 4 (continued): Sexuality (Lauer & Lauer)
- Extent of Premarital Sex, pg. 92
  - Premarital Sex and Social Background, pg. 92-93
  - Sex in Marriage, pg. 93-94
  - Sexual Practices in Marriage, pg. 94
  - Sexual Satisfaction and Marital Satisfaction, pg. 94-95

Changes in Marital Sex over the Lifespan, pg. 95  
Extramarital Sex, pg. 95-96  
Why Extramarital Sex? pg. 96  
Some Consequences of Extramarital Sex, pg. 96  
Sexual Diseases, pg. 97  
Major Types of Sexually Transmitted Diseases, pg. 97  
Incidence, pg. 97-98  
Sexually Transmitted Diseases and Sexual Behavior, pg. 98-99  
Sexual Dysfunctions, pg. 99  
Types of Sexual Dysfunctions, pg. 99  
Prevalence of Sexual Dysfunction, pg. 99  
Inhibited Sexual Desire, pg. 99-101  
Safe Sex, pg. 101

**24<sup>th</sup>** Chapter 1: The Promise of Pleasure (**ESO Book**)

The Promise of Pleasure, pg. 1-4  
What is ESO?, pg. 4-5  
Female ESO?, pg. 5-7  
Male ESO?, pg. 7-10

Chapter 2: Creating the Conditions for Pleasure

For Couples, pg. 11-14  
Reasons for ESO, pg. 14-17  
Emotional Risks of Practicing ESO, pg. 18  
Reasons to Postpone ESO, pg. 18  
Creating Trust, pg. 19-20  
The Questions of Time, pg. 20-21  
Scheduling ESO, pg. 21-22  
Times to Avoid, pg. 22-23  
ESO Skills Improve with Practice, pg. 23-24  
Interruptions, pg. 24  
Creating Romance, pg. 24-28  
Paying Attention, pg. 28-29  
Arranging a Place, pg. 29-31  
Lighting, pg. 31  
Bathing, pg. 34  
Alcohol, pg. 34-35  
Anger, pg. 36

**31<sup>st</sup>** Chapter 3: Developing Skills

What You Should Know About Anatomy, pg. 37  
Female Anatomy, pg. 37-40  
Locating the inner Trigger-The G Spot, pg. 40-43  
Male Anatomy, pg. 43-49  
Similarities, pg. 49-51  
Differences, pg. 51  
The Chemistry of Sex, pg. 51-53  
Learn to Control Your Mind, pg. 53-57  
Breathing, pg. 60  
Self-Stimulation for Men, pg. 63-66

Self-Stimulation for Women, pg. Pg. 76-81  
Mirroring Your Partner, pg. 81-84

Chapter 4: Getting Together  
Talking About Feelings, pg. 85  
Appreciations and Resentments, pg. 86-88  
More about Trust, pg. 95-96  
Saying Yes to Sex, pg. 96-98  
Connecting, pg. 98-99  
Kissing, pg. 99-101  
Sexual Exploration, pg. 102-103  
Sexual Communication, pg. 103  
Foreplay, pg. 103-106  
Massage, pg. 106  
Sensory Focus, pg. 106-107  
Mutual Stimulation, pg. 107-109

**November 7<sup>th</sup>** Chapter 5: Female ESO: How to Stimulate a Woman  
How to Stimulate a Woman, pg. 112-114  
Stroking the Clitoris, pg. 114-118  
Building Arousal, pg. 118-119  
Female Extended Orgasm, pg. 127-137

Chapter 6: Male ESO: How to Stimulate a Man  
How to Stimulate a Man, pg. 138-140  
Romancing the Male, pg. 140  
Differences-Controlling the Two-Stage Reflex, pg. 140-141  
The Prostrate: A Man's Hidden Trigger, pg. 141-142  
Achieving Erection, pg. 144-147  
Controlling Ejaculation, pg. 152-160

**14<sup>th</sup>** Chapter 7: ESO: More Ways to Give  
Intercourse, pg. 163-165  
Control Positions, pg. 165-173  
Oral Lovemaking, pg. 173-181  
Resistances, pg. 181  
Focus on Arousal, pg. 181-182  
Safer Sex, pg. 183-184  
Safer Sex Categories, pg. 185-186  
Condoms, pg. 186-187  
Other Barrier Materials, pg. 187-194

**21<sup>st</sup>** Chapter 8: Overcoming Resistances  
Overcoming Resistances, pg. 195  
Dealing with Children, pg. 197-199  
Common Resistances, pg. 199-200  
Changing Behavior, pg. 201-202  
Controlling Thoughts II, pg. 202-205  
Visualization/Fantasy, pg. 206-210  
Sensitive Encouragement, pg. 212-213

**28<sup>th</sup>** No class in observance of the Thanksgiving Holiday

December 5<sup>th</sup> Chapter 9: ESO: The Future  
ESO and Health, pg. 214-216  
Sex and Aging, pg. 216-217

Chapter 10: Solving Problems  
Solving Problems, pg. 220  
Defining Sexual Problems, pg. 221  
Medical Problems, pg. 221-22  
Anxiety, pg. 222  
Traumatic Early Experience, pg. 222-223  
Male Problems, pg. 223-237  
Female Problems, pg. 237-243  
Problems Common to Both Sexes, pg. 243-247  
More Communication, pg. 247-260  
Learning to Vocalize, pg. 260-262  
Learning Oral Lovemaking, pg. 262-265

**12<sup>th</sup>** Exam II, Selected Readings from ESO Book **Only**