



---

## National Health Corps Pittsburgh

---

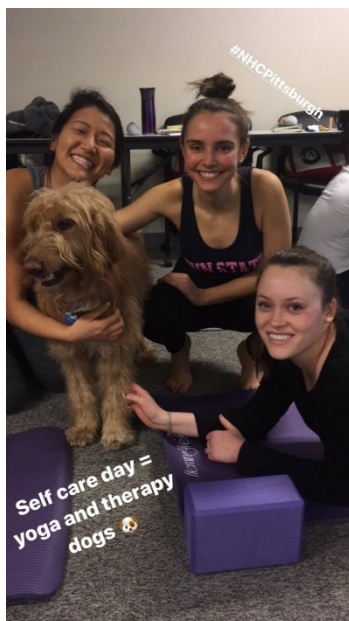
**What is it?** National Health Corps (NHC) is an AmeriCorps program that allows early-career professionals to engage in 1700+ hours of health-related service.

**Our mission:** National Health Corps fosters healthy communities by delivering and connecting those who need it most with health and wellness education, benefits and services, while developing tomorrow's compassionate health leaders.



**What does a typical member look like?** Our members come from different backgrounds. Most have Bachelor's degrees in things like public health, biochemistry, community health, nutrition, or psychology. Some will go onto medical or nursing school; others will go onto work in fields like public health, social work, or behavioral health. Many come from out-of-state and move to Pittsburgh to engage in a year of service.

**What's the commitment?** NHC is a 46-week-long program (late August until mid-July). Over those 46 weeks, 1700 hours of service will be completed, amounting to about 40 hours per week.



**Where do members serve?** Each member is placed in a "host site" of a healthcare agency, nonprofit, or governmental institution. Some examples of host sites are below:

- UPMC Children's Hospital – Adolescent Medicine
- UPMC Children's Hospital – Community Health
- UPMC Shadyside
- Global Links
- Allegheny County Health Department – HIV/STD Program
- Allegheny County Health Department – Chronic Disease Prevention
- Greater Pittsburgh Community Food Bank
- Squirrel Hill Health Center
- Birmingham Free Clinic

**What is the day-to-day?** Short answer: It depends! Longer answer: Each member has a distinct placement and have different day-to-day responsibilities, depending on what their host site is. Some members teach kid's cooking classes, some serve as patient advocates for the underinsured, some do sexual health education and distribute condoms, some supervise volunteers sorting medical equipment, some teach fitness classes. Every member interviews with potential host sites before placement to make sure there's a good fit between member and host site.



### **What are the benefits?**

- A living allowance stipend of \$12,630, paid biweekly over 46 weeks
- AmeriCorps Segal education award of \$5,815
- Forbearance of federal student loans
- Health insurance
- Childcare reimbursement
- SNAP benefits – these are not guaranteed, but members generally are qualified to receive \$192/mo in SNAP benefits.



**All the extras:** NHC members participate in Pre-Service Orientation (PSO) together, meet biweekly for training days and service days, and generally just enjoy and explore Pittsburgh together. There's tons of NHC- and AmeriCorps-branded swag, shared meals, and engaging conversation. Are you looking for an adventure outside of Pittsburgh? NHC has programs in Philadelphia, Chicago, and North Florida as well!

**How do I apply?** Applications for the 2018-2019 term open on February 12<sup>th</sup>, 2018 and will be accepted on a rolling basis until all positions are filled.